



Surveillance Testing Instructions

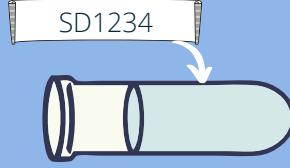
1

bit.ly/DIST181



- Go to <https://bit.ly/DIST181> to **create an account** with Loop Medical if you haven't already or to **sign in to your account**. You will need to sign in to your account each time you submit a test.
- Once signed in, continue with the prompts. (**You will not be charged for the test**; insurance is not required.)

2



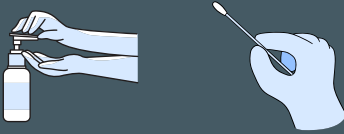
- Enter your test's activation code in your account. This is the **"SD" number** on the label in your bag.
- Place the "SD" label on the tube lengthwise (do not cover the ID label already on the tube).



3

Write your name and date of birth on the **ID label** that is already on the tube.

4



- Clean your hands with hand sanitizer.
- Take out the swab from your bag and break it along the perforated line - don't touch the soft end.
- Insert the soft end of the swab into one nostril and **rotate in a circular motion against the inside of your nostril for 15 seconds**.
- Repeat on the opposite nostril for another 15 seconds.



5

- Open the test tube, being careful not to spill the contents.
- Put the swab into the test tube, **soft tip down**.
- Place the cap on the tube firmly.
- Place the labeled tube into the bag and seal the bag.