



Community Consolidated School District 181
1010 Executive Court, Suite 100
Westmont, IL 60559
Contact: Rita DuChateau
Director of Communications
630-887-1070 x226 • FAX 630-887-1079
e-mail: rduchateau@d181.org

FOR RELEASE
9/30/08

DISTRICT 181 SEEKS INPUT ON DAILY P.E.

A Community Consolidated School District 181 Task Force charged with exploring options for implementation of daily physical education instruction at the middle school is looking to the community for input.

The State of Illinois mandates daily delivery of physical education instruction in an effort to combat childhood obesity and promote healthy lifestyles. In the past decade, numerous studies have been conducted that positively link physical activity and academic achievement. The 15-member task force has been meeting for a month to study ways to deliver the mandated instruction in such a way that avoids a negative impact to other curriculum.

Middle school students currently take both core and elective courses in an eight period day. The two middle schools offer physical education instruction on a rotating schedule, with the classes meeting two out of every three days.

“We value the input of parents and other community members in this process. Our goal is to support what the community values and to provide many curricular opportunities for students,” Dr. Janet Stutz, assistant superintendent for instruction said Sept. 29.

To find out what parents and other residents believe to be important in this process, the task force is inviting participation in an online survey. The survey will be available October 15 through October 24 at the district's website, d181.org. It will take about five minutes to complete.

“We encourage our residents to be part of the solution to providing daily physical education instruction by offering insight into the values of our stakeholders,” said Griffin Sonntag, CHMS principal and member of the task force.

Questions regarding the task force or the survey should be directed to Dr. Janet Stutz, assistant superintendent for instruction at 630-887-1070 X223 or jstutz@d181.org.

The task force will provide an update on the process at the Tuesday, Oct. 14 Board of Education Meeting at Monroe School.

#